Chinese Food



UNIT

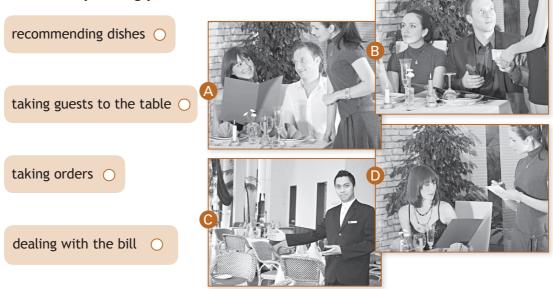
Unit Objectives

After studying this unit, you are able to:

- book a table for guests
- recommend Chinese dishes
- take orders
- receive bills



 Task 1
 A waiter is serving Chinese food to guests. Match the service steps with their corresponding pictures.



Task 2 Write each of the words under the corresponding picture.



Task 3Do you know the four major Chinese cuisines? What are their features? Discuss
your favorite cuisine with your partner with the help of the words in Task 2.

Reading



Task 1Before reading the passage, see how much you know about Chinese food
and cooking by answering the following questions.

- 1. Why does Chinese food appeal to the Western people?
- 2. What are the key elements of Chinese cooking?

Chinese Food and Cooking

Do you know that more than a third of the world's population eat Chinese food daily? Even if it was eaten regularly by some only, Chinese cooking would still be recognized as one of the greatest and original cuisines of the world. There is an everincreasing interest in and appreciation of Chinese food in the West. The fact that Chinese

restaurants are growing quickly in the West is evidence of the variety and quality of Chinese food.

The culinary appeal of Chinese cuisine has taken the Western culture by storm because those who have experimented know how good and economical Chinese food can be. They discover how easy it is to create Chinese dishes in their own kitchen and the joy of eating Chinese food can be experienced regularly rather than as an occasional treat.

The art of Chinese cooking does not bring any real difficulty. All the ingredients in Chinese recipes such as bamboo shoots, lotus root, bean sprouts, water chestnuts and so forth can be readily purchased from most food stores and supermarkets. Color, aroma and flavor are not the only key elements in Chinese cooking; nutrition is also a priority.

Chinese food appeals to the majority and its variety of flavors is so cleverly remained in each dish that there is nothing improper in

the serving of meat and poultry in the same course. Both the cooking and eating of Chinese food are great culinary experiences. Besides appealing to our taste buds and eyes, food prepared in the Chinese manner is highly nutritious, retaining all its vitamins with quick and minimum cooking.

The rewards of Chinese cooking are obvious to anyone who has tasted popular Chinese dishes like a well-cooked "Sweet and Sour Pork", "Kung Pao Chicken" or Chinese dumplings or has been sustained by a plate of steaming "Chow Mein" or "Fried Rice". Easy-to-cook and delicious Chinese recipes will make your cooking experience easy and fun.

🗂 Hotel English 2

a. 荸荠 1. Kung Pao Chicken 2. bamboo shoot b. 炒饭 3. lotus root c. 咕噜肉 4. Fried Rice d. 莲藕 e. 宫保鸡丁 5. Chow Mein 6. Chinese dumpling f. 竹笋 7. Sweet and Sour Pork g. 炒面 h. 饺子 8. water chestnut

Task 2 Match the following phrases with their Chinese meanings.

Task 3 Read the passage again and match the answers in Column B with the questions in Column A.

Column A		Column B
1. What are the qualities of Chinese food		a. color
attracting the Western people?	•	b. easy-to-cook
		c. aroma
		d. Sweet and Sour Pork
2. What are the key elements in Chinese		e. flavor
cooking?		f. economical
		g. vitamins retained
		h. Kung Pao Chicken
3. What are the popular Chinese dishes?		i. nutrition

Task 4Decide whether the following statements are true (T) or false (F) according to
the passage.

- 1. Chinese cooking is one of the greatest and original cuisines in the world.
- 2. Chinese restaurants are mushrooming in the West only because Chinese food is economical.
- It is not easy to create Chinese dishes in one's own kitchen because the ingredients in Chinese recipes are hard to find.
- 4. Nutrition is also a very important key element in Chinese cooking besides color, aroma and flavor.





Task 1 Listen to five short dialogs and mark ($\sqrt{}$) where each dialog takes place.

\bigcirc

	At the Bar	At the Café	At the Restaurant	At the Cafeteria	At the Banquet Hall
Dialog 1					
Dialog 2					
Dialog 3					
Dialog 4					
Dialog 5					
					New Words

Task 2 Mr. Green wants to book a table for dinner. Listen to the conversation and fill in the card with the information you hear.

opening ceremony 开幕式 banquet n. 宴会 cocktail n. 鸡尾酒 buffet n. 自助餐 cafeteria n. 自助餐厅 hostess n. 餐厅领位员 private room 包房

Information Card

- Guest Name: Mr. Green
- Restaurant Name:
 - Number of People: _____
 - Arrival Time:
 - Table Number/Private Room:
 - Telephone Number:

Task 3Listen to the conversation in Task 2 again and fill in the blanks with thewords or phrases provided in the box.

private room	expect	absolutely	looking forward to
peak time	Lily Hall	confirm	on time

Restaurant Hostess (H): Good morning, Garden Restaurant. May I help you? Mr. Green (G): Yes, I'd like to book a table for the dinner. H: Certainly. How many people?

- **G:** Two, my wife and I.
- H: OK. What time can we (1) _____ you?
- **G:** Around 7:30 p.m.
- **H:** Would you like a table in the hall or in a (2) _____?
- **G:** I prefer a private room.
- H: Please wait a moment... We will have (3) _____ reserved for you. Is that OK?
- **G:** Yes, my wife will love it because Lily is her name.
- H: That's great! May I have your name and telephone number, please?
- G: Sure. My name is Green, and my number is 66881020.
- H: Thanks, Mr. Green. We will keep the room till 8:00 p.m. and we hope you will arrive (4) ______ since it will be the (5) _____.
- G: I see.
- H: I'd like to (6) _____ your reservation: Lily Hall for Mr. Green at 7:30 p.m.; the telephone number is 66881020. Is that correct?
- G: (7) _____ correct. Thank you.
- H: You are welcome, Mr. Green. We are (8) ______ your coming.



distinctive adj. 独特的

cutting technique 刀工 recommendation *n*. 推荐 Mapo Tofu 麻婆豆腐

imperial *adj*. 皇家的, 皇室的 representative *n*. 代表 material *n*. 食材

Yu-Shiang Shredded Pork 鱼香肉丝

New Words

Task 4Listen to a conversation between a diner and a waiter in the restaurant and
answer the following questions.

- 1. What are the four major Chinese cuisines?
- 2. What are the features of Guangdong food?
- 3. According to the waiter, where is the Sichuan Restaurant?

Task 5Listen to the conversation in Task 4again and decide whether the following
statements are true (T) or false (F).

- 1. Some dishes of the Shandong cuisine are taken as imperial dishes in the Qing Dynasty.
- 2. Huaiyang food is famous for its cutting technique and original flavor.
- 3. Sichuan dishes are hot and spicy, and taste different.
- 4. Mapo Tofu and Yu-Shiang Shredded Pork are the representatives of Guangdong food.



Task 1 Work in groups. Read and practice the following conversation.

Waitress (W): Good evening, sir and madam. May I take your order now?

- **Mr. Green (Mr.):** Er... Can you give us some suggestions? It's our first time to China. We are not familiar with Chinese food.
- W: No problem, sir. Chinese food can be classified into four cuisines. We serve Huaiyang, Sichuan, and Shandong cuisines in our restaurant. I'd recommend Braised Shredded Chicken with Ham and Dried Tofu. It's our chef's recommendation and tastes good.
- **Mr.:** Yes, I heard it's one of the famous dishes of Huaiyang cuisine. It embodies the excellent cutting technique of Huaiyang cuisine.
- W: You are quite right, sir. Kung Pao Chicken is also our specialty. Would you like to have a try?

Mrs. Green (Mrs.): What is Kung Pao? Is it a kind of vegetable or something?

- W: Kung Pao is the name of a person who invented this dish. The chicken is cooked with peanuts and pepper. It's a little spicy.
- Mrs.: I love spicy food. We'll have it. Ah, we also want some soup. What soup do you have?
- We have Sweet Corn and Chicken Soup, Minced Beef Soup and Three Fresh Delicacies Soup. Three Fresh Delicacies Soup consists of shrimps, mushrooms, egg and cucumber. It's very tasty and worth a try.
- Mrs.: It sounds nice. We'll have it.
- W: What would you like to drink? We have Chinese liquor.
- Mr.: I'm afraid Chinese liquor is too strong for me. We'd like two bottles of beer.
- W: OK. You've ordered a Braised Shredded Chicken with Ham and Dried Tofu, a Kung Pao Chicken, a Three Fresh Delicacies Soup and two bottles of beer. Would you like anything else?
- Mr.: No, thanks.
- W: Your dishes will come soon. Hope you'll enjoy your meal.

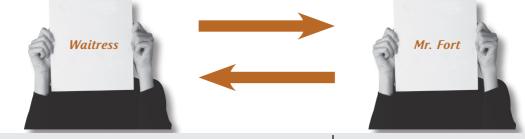
New Words

Braised Shredded Chicken with Ham and Dried Tofu 大煮干丝 fixing *n*. 配料 spice *n*. 调味品 Sweet Corn and Chicken Soup 玉米鸡浓汤

Minced Beef Soup 西湖牛肉羹 Three Fresh Delicacies Soup 三鲜汤

Task 2

Work in groups. Mr. Fort goes to a restaurant with his colleagues to have lunch. Practice taking orders according to the conversation in Task 1 and act it out. The expressions given in the box are for your reference.

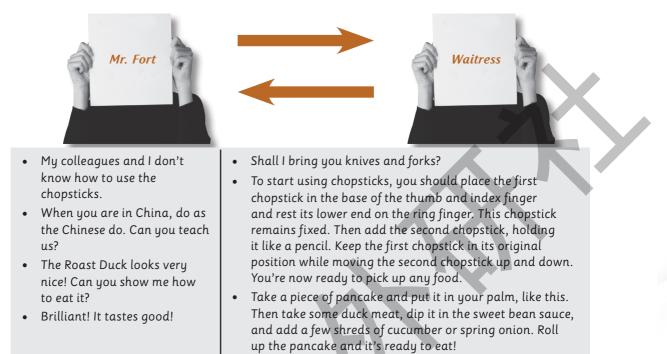


- May I take your order now, sir?
- I'd recommend Beijing Roast Duck.
- The Shelled Shrimps with Longjing Tea is our chef's recommendation.
- Sliced Beef in Hot Chili Oil is also our specialty.
- Sautéed Sweet and Sour Pork (糖醋里脊) is very popular in our restaurant.
- Would you like to have a try?
- Chicken Soup with Corn is delicious and worth a try.
- What would you like to drink?
- Hope you'll enjoy your meal.

• Can you give us some suggestions?

- Yes, I heard it's one of the famous dishes in China.
- It sounds nice. We'll have it.
- What soup do you have?
- We'd like a bottle of Chinese liquor.

Task 3Work in pairs. Mr. Fort and his colleagues have some problems while dining in
your restaurant. Role-play the conversation between Mr. Fort and the waitress.
Expressions for the guest and the waitress are provided in the following box.



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Task 4Work in pairs. Miss Bryant has finished her meal and wants to pay the bill. Role-
play the situation according to the steps provided in the boxes.



Miss Bryant

- Ask for the bill.
- Ask the waitress to explain the wine and drink costs.
- Point out one mistake.
- Ask the ways of payment.
- Pay in cash and give tips.





- Bring the bill to the guest.
- Explain the wine and drink costs item by item.
- Apologize to the guest for the mistake and bring a new bill.
- Tell the guest she can sign the bill since she is a VIP guest.
- Thank the guest.





Task 1 Mr. Jordan and his wife go to a Chinese restaurant to have dinner. Read their conversation and practice.

Hostess (H): Good evening. Do you have a reservation?

Mr. Jordan (Mr.): Yes. I have booked a table for two under the name of Jordan.

- H: One moment please, Mr. Jordan... Oh, I'm afraid that there is no reservation marked in your name, sir.
- Mr.: Impossible! I booked the table myself in the morning.
- **H:** There must be some mistakes. I do apologize for that, Mr. Jordan. Let me arrange another table for you and I'm sure you will be satisfied. This way, please... Do you like Table 18 by the window?

Mrs. Jordan (Mrs.): Yes. Thank you.

H: You are welcome. Please take your seats. Here is the menu. The waitress will come to take your order in a few minutes.

(After a while the waitress comes to take the order.)

Waitress (W): Good evening, sir and madam. May I take your order now?

- Mr.: Yes, please. We'd like some cold dishes. Deep-fried Peanuts Pickled in Vinegar and Crispy Celery.
- W: OK. How about the hot dishes?
- Mr.: We want a Fried Sea Cucumber with Minced Chicken.
- W: It tastes fresh and delicious and is rich in nutrition.
- Mrs.: I would like some shrimps. Could you make some recommendations?
- W: How about the Chef's Crispy Shrimps? It's today's special, with a 20% discount.
- Mrs.: Very nice. Can you tell me the ingredients in it?
- W: It consists of shrimps, gingers, eggs and broccoli.
- Mrs.: We will try it. Thank you.
- W: You are welcome. What drinks would you like?
- Mr.: A bottle of beer and a glass of watermelon juice.

W: No problem. You've ordered... (*The waitress repeats the order.*) Anything else?

- Mr.: No, thank you.
- W: Your dishes will be ready soon. Hope you'll enjoy your meal.

New Words

Deep-fried Peanuts Pickled in Vinegar 老醋花生 Crispy Celery 爽口西芹 Fried Sea Cucumber with Minced Chicken 鸡茸海参 broccoli n. 西兰花



Task 2	The following form is the order for Mr. and Mrs. Jordan. Fill in the order with the
	information given in Task 1.

	Restaurant Order	
Fable Number:		
Guests Number:		
	Туре	Number
Cold Dishes:	Deep-fried Peanuts Pickled in Vinegar	1
		1
Hot Dishes:		1
	Chef's Crispy Shrimps	1
Drinks:		1 bottle
Dimino.		1 glass





Project Guidelines

This project aims to go through the process of serving Chinese food. The whole task is divided into three steps. Step one focuses on the research of a local Chinese restaurant. Step two is a presentation about the Chinese food service procedure. Step three calls for a complete role-play of serving Chinese food.



Please follow the *Task Description* to complete the project.

Task Description

🖡 Step One

- Organize small groups of 3 or 4 students in your class;
- Choose a local Chinese restaurant and make an investigation, including booking tables, receiving guests, taking orders, serving dishes and drinks;
- Focus on how the receptionist books tables for guests, what procedure the waitress takes when taking orders, how to recommend dishes to guests, etc.

👍 Step Two

- Work out a Chinese food menu;
- Prepare a presentation about the procedure for serving Chinese food based on the investigation results you have got in step one;
- Choose one student in each group to give the presentation, with PPT if possible.

💺 Step Three

- Divide each group into two sides: one side being the guests dining in the restaurant, the other being the restaurant waiter/waitress;
- Take turns to play each role in the process of serving Chinese food, following the steps you have learned in this unit;
- Make a comment on each other's role-play and summarize the useful expressions in serving Chinese food.

Wisdom of China

中国八大菜系(Eight Chinese Cuisines)

中国餐饮文化历史悠久,在不同地域形成了特色鲜明、风格迥异的不同菜 系,其中八大菜系是指:鲁菜 (Shandong Cuisine)、川菜 (Sichuan Cuisine)、粤菜 (Guangdong/Cantonese Cuisine)、苏菜 (Jiangsu Cuisine)、闽菜 (Fujian Cuisine)、 浙菜 (Zhejiang Cuisine)、湘菜 (Hunan Cuisine)、徽菜 (Anhui Cuisine)。

鲁菜口味以咸鲜 (salty and fresh)为主,讲究鲜嫩香脆。川菜调味料多样,以麻辣 (hot and spicy)为主。粤菜口味清淡 (light),种类极其丰富。苏菜刀工精细 (fine cutting skills),追求本味 (original flavor)。闽菜口味以酸甜清淡为主,烹调以炒蒸煨 (stir-frying, steaming and simmering)最为突出。浙菜选料考究,擅长以米酒 (rice wine)调味。湘菜油重色浓,口味以酸辣鲜见长。徽菜重油,重色,重火工 (cooking time and temperature)。

Self-evaluation

Rate your progress in this unit.	D	М	Р	F*
I can book tables for guests.				
I can tell the differences among four Chinese cuisines.				
I know how to receive guests.				
I know how to recommend Chinese dishes to guests.				
I can explain some Chinese dishes to guests.				
I can take orders for guests.				
l can handle bills in a restaurant.				
I can explain bills to guests.				
I know how to investigate the serving procedure in a Chinese restaurant.				
I can do a presentation on the serving procedure in a Chinese restaurant.				
I can role-play the whole process of serving Chinese food to guests.				
Note: Distinction, Merit, Pass, Fail				



Reading

New Words

original /ə'rɪdʒənəl/ adj. 最早的, 有独创性的 cuisine /kwr'zi:n/ n. 烹饪, 风味, 菜肴 variety /və'raɪətɪ/ n. 品种多样 culinary /'kʌlɪnərɪ/ adj. 烹饪的 appeal /ə'pi:l/ n. 吸引力 experiment /ɪk'sperɪment/ v. 尝试, 实验 economical /,i:kə'nɒmɪkəl/ adj. 经济实惠的, 节省的 occasional /ə'keɪʒənəl/ adj. 偶尔的 treat /tri:t/ n. 款待, 招待 ingredient /ɪn'gri:djənt/ n. 配料, 材料 recipe /'resɪpɪ/ n. 食谱, 烹饪法 aroma /ə'rəʊmə/ n. 芳香, 香味 nutrition /nju:'trɪʃən/ n. 营养 priority /praɪ'ɒrətɪ/ n. 重点, 优先 majority /mə'dʒɒrətɪ/ n. 多数, 大多数 poultry /'pəoltrɪ/ n. 家禽 retain /rɪ'teɪn/ v. 保持, 保留 vitamin /'vɪtəmɪn/ n. 维他命 dumpling /'dʌmplɪŋ/ n. 饺子, 汤团 sustain /sə'steɪn/ v. 支撑, 维持

Phrases and Expressions

take... by storm 强烈感染, 完全征服 (观众等) rather than ······而不······ bamboo shoot 竹笋 lotus root 莲藕 bean sprout 豆芽 water chestnut 荸荠 and so forth 等等, 诸如此类 color, aroma and flavor 色、香、味 taste bud 味蕾



Vocabulary and Structure

Task 1Match the words in the box with their definitions.

	hostess	nutrition	recommend	buffet	ingredient	
1			-1 4 41	1 (- 4-1-1-
I	•	a meal at wh	ich guests serve ti	nemseives i	rom various dishes on	a table
2	•	a woman er	nployed in a res	staurant to	welcome customers	and lead
		them to the	seats			
3	•	say that so	mething or sor	neone is g	good, or suggest th	em for a
		particular pu	rpose or job			
4	•	one of the fo	ods that you use	to make a	particular food or dis	h
5	•	giving or ge	tting the right typ	pe of food	for good health and g	rowth

Task 2Write the Chinese names of the following dishes.

Task

	A. Shelled Shrimps with Longjing Tea		
	B. Bitter Melon in Plum Sauce		
	C. Sweet and Sour Pork		
	D. Sweet Corn and Chicken Soup		
	E. Lanzhou Hand-Pulled Noodle Soup		
	F. Steamed Grass Carp in Vinegar Gravy		
	G. Stewed Duck with Ginseng		
	H. Fried Sea Cucumber with Minced Chicken		
κ 3	Fill in each blank with the appropriate form o	f the word given in brackets.	\mathbf{V}
3	Fill in each blank with the appropriate form o 1. Mapo Tofu and Yu-Shiang Shredded Pork are _		Y
3			X
3	1. Mapo Tofu and Yu-Shiang Shredded Pork are _	(represent) of Sichuan	
3	 Mapo Tofu and Yu-Shiang Shredded Pork are _ cuisine. 	(represent) of Sichuan	
(3	 Mapo Tofu and Yu-Shiang Shredded Pork are cuisine. I am greatly sorry for the inconvenience we have car 	(represent) of Sichuan used, sir. I do (apology)	
3	 Mapo Tofu and Yu-Shiang Shredded Pork are cuisine. I am greatly sorry for the inconvenience we have can for it. 	(represent) of Sichuan used, sir. I do (apology)	
(3	 Mapo Tofu and Yu-Shiang Shredded Pork are cuisine. I am greatly sorry for the inconvenience we have car for it. I'm afraid that the private rooms are not available 	(represent) of Sichuan used, sir. I do (apology)	
τ3	 Mapo Tofu and Yu-Shiang Shredded Pork are cuisine. I am greatly sorry for the inconvenience we have car for it. I'm afraid that the private rooms are not available (take) a table by the window, please? 	(represent) of Sichuan used, sir. I do(apology) now. Would you mind	
(3	 Mapo Tofu and Yu-Shiang Shredded Pork are cuisine. I am greatly sorry for the inconvenience we have car for it. I'm afraid that the private rooms are not available (take) a table by the window, please? We are not familiar with Chinese food. Can you 	(represent) of Sichuan used, sir. I do (apology) now. Would you mind (recommendation) some to	
(3	 Mapo Tofu and Yu-Shiang Shredded Pork are cuisine. I am greatly sorry for the inconvenience we have car for it. I'm afraid that the private rooms are not available (take) a table by the window, please? We are not familiar with Chinese food. Can you us? 	(represent) of Sichuan used, sir. I do (apology) now. Would you mind (recommendation) some to	

Task 4Complete the following sentences with the phrases given in the box,
changing the form if necessary.

instead of due to at least consist of amount to

- 1. The restaurant may be a bit far from the downtown area, but ______ it has the best Chinese dishes.
- 2. Yu-Shiang Shredded Pork _____ pork, carrot, pepper and black fungus (黑木耳).
- 3. Sichuan food is hot and spicy mainly ______ the ingredients such as chili.
- 4. Let's go to the Chinese restaurant ______a fast food restaurant.
- 5. Your bill _____ 528 yuan, with 15% service charge.

Task 5 Choose the best Chinese translation for each sentence.

- 1. There is an ever-increasing interest in and appreciation of Chinese food in the West.
 - A. 在西方国家, 人们对中国菜的兴趣和赞赏日益增加。
 - B. 在西部地区, 人们对中国菜一直抱有欣赏的态度。
 - C. 在西方国家, 一直增长的人口对中餐的需求很大。
 - D. 在西部地区, 人们激发了对中餐的兴趣和赞赏。
- 2. The art of Chinese cooking does not bring any real difficulty.
 - A. 中国厨师不会带来任何麻烦。
 - B. 中国艺术不会在烹饪上有任何麻烦。
 - C. 中国烹饪的艺术并没有任何繁琐困难之处。
 - D. 中国烹饪在艺术上不会带有任何困难。
- 3. Color, aroma and flavor are not the only key elements in Chinese cooking; nutrition is also a priority.
 - A. 色、香、味不只是中国烹饪的要素,营养才是最重要的。
 - B. 中国烹饪的要素并不包括色、香、味,营养才是最重要的因素。
 - C. 色、香、味不是中国厨师的要素, 营养才是最重要的。
 - D. 中国烹饪的要素并不仅仅包括色、香、味,营养也是一个重要因素。
- 4. Easy-to-cook and delicious Chinese recipes will make your cooking experience easy and fun.
 - A. 简单又好吃的中国招待菜会使您的旅程充满乐趣。
 - B. 简单易学的中餐能使您的行程充满美味体验的乐趣。
 - C. 简单易做而且美味的中餐菜谱可以使您体验烹饪的简单和乐趣。
 - D. 简单易学的中餐非常美味,将会使您的厨师变得有趣。

Useful Expressions

1. Booking a Table

- Under whose name is the reservation made? 预订在谁的名下?
- (2) We'll keep your reservation till 8:00 p.m. 我们将保留您的预订至晚上8点。
- (3) How many people are there in your party? 请问共有几位?
- (4) When would you like your table?您要订几点的餐桌?
- (5) I'm sorry, sir. There aren't any tables left for two. 很抱歉, 先生。两人桌没有了。

2. Seating the Diner

- Good evening, sir. Welcome to our restaurant. Do you have a reservation?
 晚上好, 先生。欢迎到我们餐厅就餐。请问您有预订吗?
- (2) Is this table fine?/How about this table?这张餐桌可以吗?
- A waitress will come soon to take your order. 服务员很快会来为您点餐。
- (4) Do you need a high chair for your child?需要给您的孩子找一个儿童座椅吗?

3. Taking Orders

- (1) It is our chef's recommendation and really worth a try. 这是我们大厨的推荐菜, 真的值得一试。
- Today's special is..., with a 20% discount.
 今天的特价菜是……,有八折优惠。
- (3) It is served by person.这道菜是按位出售的。
- (4) It is a well-known delicacy in Chinese cuisine.它是中国菜中一道有名的佳肴。
- (5) Would you like to try our house signature? 您想尝尝我们店的招牌菜吗?
- (6) Which flavor would you prefer, sweet or chili? 您喜欢哪种口味, 甜的还是辣的?
- (7) This is the complete course, and a dim sum to follow.菜已上齐,还有一道点心要上。

4. Receiving Bills

- We honor American Express, Diners Club, Visa and MasterCard. 我们接受美国运通卡、大莱卡、维萨卡和万事达卡。
- (2) Would you like to sign the bill? 请问您是否签单?
- (3) It's complimentary./That would be on the house. 这是免费赠送的。
- (4) It is free of charge.这是不收费的。

