

Scope and Sequence

Unit	Listening and Speaking	Reading and Vocabulary & Grammar for Use
1 It's so great to be young! 职业与个人 p1	talk about what young people enjoy doing; express likes and dislikes	choices of gap years » non-restrictive attributive clause conducted by <i>which</i>
2 Find the joy in life 职业与个人 p13	talk about mental health issues; develop a positive attitude towards life	inspiration from Su Shi's positive life attitude » passive voice
3 Build bridges through effective communication 职业与个人 职业与社会 p25	communicate appropriately and effectively; deal with complaints	communication strategies in the workplace » non-finite verb (<i>v-ing</i>)
4 When the East meets the West 职业与个人 职业与社会 p37	talk about studying abroad; discuss cultural differences between the East and the West	a cross-cultural dining experience » the usage of <i>it</i> as preparatory subject
Task Unit 1 p49		
5 Green living is great living! 职业与环境 p51	talk about environmental issues; describe what you can do to protect the environment	green living » non-finite verb
6 Enjoy a well-planned trip 职业与个人 p63	describe your travel experiences; book flights and hotels	the importance of travel planning » compound adjective
7 What's behind the buy? 职业与社会 职业与环境 p75	talk about sales and promotions; do bargaining	consumer traps and ways to resist them » adverbial clause
8 We are in the e-world! 职业与社会 职业与环境 p87	describe the e-world; talk about how the e-world influences us	socialising beyond the screen » word formation
Task Unit 2 p99		

Practical Reading & Practical Writing	Project	Around the World	My Progress Check
design a poster	promote an activity	power of youth	enjoy a significant holiday
give suggestions to deal with anxiety	do a survey of problems among college students	tips for maintaining mental health	cope with stress
write a letter of apology	provide solutions for customers' complaints	principles from <i>How to Win Friends and Influence People</i>	deal with a complaint
organise an academic calendar	share the origin of some food	legendary images in different cultures	host foreign colleagues
create a Go Green Week flyer	do some research into environmental issues	green measures in different countries	protect community environment
make a travel itinerary	make an itinerary for a trip	different kinds of trips	plan a vacation
design an ad for used items	write a report about what influences phone buying	various ways of selling in the world	sell second-hand items online
offer suggestions on the use of e-world etiquette	introduce the applications of AI	technical improvement in sports	promote products through live streaming

Unit 1

It's so great to be young!

After learning this unit, you will be able to:

- talk about what it is like to be young;
- express likes and dislikes;
- design a poster for an event.



Watch the video, look at the picture, and discuss:

- 1 What activities do you think are typical among young people?
- 2 What activity excites you most?

Warming Up

Choose one activity you like to do most and give your reasons.



parkour



rock climbing



camping



orienteering



whitewater rafting



paragliding

Listening and Speaking

① Listen to the dialogue between Mike and Lynn about their weekend activities. The following words, expressions and sentences may help you.



cycling club go camping barbecue post click

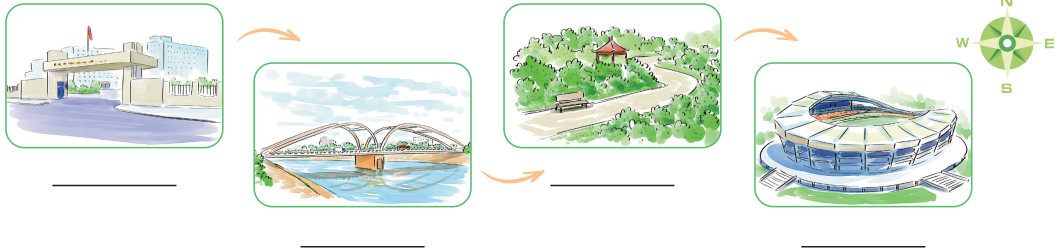
- How was your weekend?
- They are all camping lovers.
- I've posted some pictures online.

Tips

在互联网时代，年轻人喜欢将自己的动态和照片上传到网上。如果你喜欢朋友的文字或照片，要记得点赞啊，点赞的英文为click the “like” button.

2 Listen again and complete Lynn's cycling route map with the places given below.

A City Stadium B school gate C Dongfeng Bridge D Big Forest Park



3 Discuss in pairs. Whose outdoor activity do you prefer, Mike's or Lynn's? Why?

4 Read the following expressions and sentences. Then listen to the dialogue between Chris and Lily.



go to the beach music festival I bet rock and roll pick sb. up

- I'm wondering if you are interested in coming with me.
- I bet you'll love it.
- My favourite music is rock and roll.

5 Listen again and choose the correct information about Chris' tickets.

Rock and Roll Music

Time 8 am
Place Beach

Classical Music

Time 8 pm
Place Beach

Classical Music

Time 8 pm
Place Music Hall

Rock and Roll Music

Time 8 pm
Place Music Hall

6 Work in pairs. Invite your partner to hang out. The following expressions may help you.

- | | |
|--|--------------------------------|
| 1 I'm wondering if you'd like to... | 2 Would you like to attend...? |
| 3 Are you available this Saturday afternoon? | 4 Do you like doing...? |

Reading and Vocabulary

- 1 Read the passage about a gap year with the help of the following words and expressions.



gap year volunteer recall expose
figure out ambition industry knowledge
explore one's strengths academic

Polly, an 18-year-old girl from the US, had a gap year after graduating from high school. She went to South Africa to volunteer at a wildlife conservation centre. She recalled, "My experience during the gap year was fantastic, and it exposed me to possibilities I never knew existed. I will never forget it!"

A gap year is a year between leaving high school and going to college, which some young people use as an opportunity to travel, earn money or gain work experience. Different people have different opinions about the gap year. Let's see what some students say about it.



Lisa: I'd like to take a gap year before going to college. I believe the gap year could help me find what I really want to do in the future. I love travelling, so during the gap year, I could travel around and have closer contact with different cultures. A year, which is long enough, enables me to go anywhere I want and see the world. During the year, I can also do part-time jobs and earn some money to cover my travelling expenses.

Andy: Few people know exactly what they want to do when they're in high school. It's smart to take a gap year, which can help you figure out your ambitions. You can also add real value to your résumé and develop invaluable first-hand industry knowledge by working in a certain field.

Li Wei: I would like to take a gap year if I was given the opportunity. I could find a part-time job or work as a volunteer during the year to explore my strengths. Besides, a gap year could help me get better prepared for college and society. However, taking a gap year also worries me a little, because it might not be safe for students to work or travel alone at such a young age. What's more, some students may find it hard to get used to an academic environment again after travelling or working for a year.

Tips

文中的 gap year 指西方国家的年轻人在上大学之前，通常用来实习或旅游的一年。

- 2 Read again and match the students with their opinions about a gap year. Then share your opinion with your classmates.

Polly

Lisa

Andy

Li Wei

figure out your ambitions; develop invaluable industry knowledge

have a fantastic experience and expose you to various possibilities

get better prepared for college and society

find what you really want to do

3 Read the passage again and sum up the excitements and worries of a gap year.

excitements

- earn some money
- _____
- _____
- _____

worries

- safety problems
- _____
- _____
- _____

4 Discuss in pairs. Would you like to take a gap year? What would you like to do during the gap year?

Grammar for Use

Non-restrictive attributive clause conducted by *which*

Read the following sentences. Pay attention to the italicised parts.

- 1 A gap year is a year between leaving high school and going to college, *which* some young people use as an opportunity to travel, earn money or gain work experience.
- 2 A year, *which* is long enough, enables me to go anywhere I want and see the world.
- 3 It's smart to take a gap year, *which* can help you figure out your ambitions.

定语从句可分为限制性定语从句和非限制性定语从句两种。限制性定语从句对先行词起限制作用，二者关系密切。非限制性定语从句与先行词之间的关系较为松散，如果去掉从句，不影响主句的意义，从句与主句之间通常用逗号隔开。*which* 引导的非限制性定语从句所指代或修饰的可以是主句中的某一个成分，也可以是整个句子。

Practical Reading

1 Read the following posters.

College Student Film Festival

Address: Normal University
Time: from 8 April to 10 May
Tickets are available at Student Union Office.
More than 34 films will be featured from all over the country. Your vote counts in this festival.

Skills Competition

- Fashion technology
- Baking
- Mobile robotics
- Hairdressing
- Electronics

Every other year, many talented young people from all over the country gather together at the Skills Competition to show their skills and compete for the gold medal. What are you good at? Do you want to become one of them someday?

Exhibition and Convention Centre 12 October–17 October

Cyber Games

Address: Hongxing Plaza
Time: from 13 February to 15 February

The most well-known international cyber game event is coming! Experience the world of games at Hongxing Plaza.

2 Read again and discuss which activity you'd like to attend. Give your reasons.

Practical Writing

1 Discuss and choose what information a poster should include according to Practical Reading.

- | | | |
|---|---------------------------------------|---|
| <input type="checkbox"/> venue | <input type="checkbox"/> time | <input type="checkbox"/> dress code |
| <input type="checkbox"/> ticket price | <input type="checkbox"/> picture | <input type="checkbox"/> creative title |
| <input type="checkbox"/> characteristic | <input type="checkbox"/> introduction | <input type="checkbox"/> map |
| <input type="checkbox"/> organiser | <input type="checkbox"/> slogan | <input type="checkbox"/> graphics |

2 Suppose you are the organiser of Campus Video Shooting Contest. Design a poster for it. The posters in Practical Reading may help you.

Venue	School Hall
Time	7 pm–9 pm, Friday, 18 April
Title	Campus Video Shooting Contest
Brief Introduction	Anyone who loves video shooting is welcome to this contest! Come and show your talent! Great surprises are waiting for you.

Project

The English Week in your college is coming. The Student Union is considering organising some activities, such as English Drama Contest and English Speech Competition. Design a poster for one of the activities, and then present it to the class.



1 Work in groups of four and choose an activity.

~~~~~

**2** Determine the main information of the poster.

~~~~~

3 Select or draw pictures for the poster.

~~~~~

**4** Draw up a brief introduction for the activity.

~~~~~

5 Make a five-minute presentation.



Around the World



- 1 What roles can young people play in the world?
- 2 What responsibilities should you take on as a young person?

The youth, as a key force in promoting global sustainable development, is injecting their power and energy into the future. As they unite to help make the world a better place, they are also writing chapters of their moving stories to encourage and inspire others to grow.



From *Shenzhou 1* to *Shenzhou 12*, the Beijing Aerospace Control Centre boasts a 100% success rate. Of the 274 major positions, more than 85% are held by young people. Most of them are post-95s. This centre represents a team of energetic and brilliant young talents.

Concilia Owire, one of Kenya's first female train drivers, overcame gender bias to make a successful career in this field. She and her seven female colleagues became professional train drivers after training in China and Kenya. Their passion and dedication have encouraged other young people to pursue their dreams.



My Progress Check

As the new term begins, Eric and Lisa are discussing their holidays.

1 Listen to the dialogue between Lisa and Eric, and decide whether the following statements are true or false.



- | | | |
|---|-------------------------------|--------------------------------|
| 1 Lisa made some new friends during the holiday. | <input type="checkbox"/> True | <input type="checkbox"/> False |
| 2 Lisa took part in a variety of outdoor activities during the holiday. | <input type="checkbox"/> True | <input type="checkbox"/> False |
| 3 Eric stayed at home mostly due to a large amount of schoolwork. | <input type="checkbox"/> True | <input type="checkbox"/> False |
| 4 Both Lisa and Eric had a very special and wonderful holiday. | <input type="checkbox"/> True | <input type="checkbox"/> False |

2 Eric and Lisa made a list of different activities. Put them into proper categories.

- | | | |
|--------------------------------|------------------------|--------------------|
| go camping | go birdwatching | go rock climbing |
| go to concerts | visit museums | work part-time |
| go jogging | learn a new language | go on a city walk |
| take a pottery/sculpture class | do volunteer work | join a study group |
| plan a cycling trip | organise a games night | |

Outdoor and
Adventure
Activities

Cultural and
Educational
Activities

Relaxation and
Fitness Activities

Social
Activities

3 Eric and Lisa created a holiday questionnaire. Fill it out based on your experience.

Holiday Survey

1 How did you spend your holiday? (select all that apply)

- outdoor and adventure activities
- cultural and educational activities
- relaxation and fitness activities
- social activities
- others (please specify: _____)

2 What did you enjoy most during the holiday? (select all that apply)

- spending time with family
- surfing the Internet
- developing new skills
- making new friends
- doing volunteer work
- others (please specify: _____)

3 What was the most unforgettable experience on your holiday?

4 How will you plan your next holiday?

4 Based on the questionnaire above, make a presentation about your holiday.

Self-reflection

- I can talk about what young people enjoy doing with the words and expressions in this unit.
- I can design a poster for an event with the examples in this unit.
- I have realised that youth also comes with responsibilities.