Contents

	Unit	Warming up	Listening and speaking	Manual reading
1 2	Health history collection	Signs and symptoms	Grade the pain	Major components of a health history
2	Physical examination	Physical examination terms	Physical examination	Glasgow Coma Scale (GCS)
3	Laboratory examination	Laboratory examination terms	Liver function test	The gastroscopy: an examination of the upper digestive tract
4	Nursing operation	Nursing equipment	Skin test	Drug Facts
5	Nursing in different contexts	Nursing in different contexts	Patient admission	Braden scale for predicting pressure sore risk
6	Health records in the community	Vaccines and immunization	Vaccination	The procedure of filing health records
98	Glossary			

Passage reading	Extensive reading	Fun reading
Why is it important to know your family health history?	Ways of communication in obtaining a health history	My heart was replaced last year!
Why is it important to have a physical examination every year?	How is blood pressure taken?	I have broken everything!
Collecting samples for laboratory testing	What is a blood test?	Bad news and good news
How to be a good nurse in the emergency room	What you should know about oxygen therapy	What is my problem, doctor?
What does a surgical nurse do?	The impact of Al on nursing: five key takeaways	Who was getting discharged?
10 steps to a healthy pregnancy	The Community Health Record	So serious!