

前言

本练习册是依据“十四五”职业教育国家规划教材（中等职业学校公共基础课程教材）《英语基础模块2 学生用书》，并结合2024年《福建省中等职业学校学业水平考试（中职英语）科目考试说明》的精神而开发的配套教辅产品，旨在帮助学生就教材所涵盖的各个主题的语言知识进行充分的练习，在练习与巩固的过程中提升英语学科核心素养，从而初步形成用英语进行日常交际和在工作情境下交流的能力，以期有效提升学生的英语职业技能奠定基础。

本书紧扣《中等职业学校公共基础课程方案》和《中等职业学校英语课程标准（2020年版）》的要求，对照《福建省中等职业学校学业水平考试（中职英语）科目考试说明》的标准，在编写过程中关注福建省中职学生的水平，练习的设计与福建省中等职业学校学业水平考试的任务设计相对应，为学生提供明确的学习目标，为教师教学提供精准的评价标准，以便于在教学中有的放矢，提升教学质量。

本练习册具有以下特点：

1. 聚焦学业水平，巩固语言知识。本着为学生参加学业水平考试做准备的原则，练习册中每个单元的习题均对标学业水平考试的相关题型进行设计，同时结合学生用书各单元的学习内容，解构各板块的词汇、句型与语言知识，将其融入所设计、编写的各类题目中。依据考纲，对学生用书的知识点进行适度拓展，方便学生在熟悉相关题型的过程中对所学知识进行巩固与应用。

2. 聚焦主题内容，实现学以致用。学生用书的每个单元都关注一个话题，练习册的设计以单元话题为导向，通过设计真实语境，实现日常交际的情境运用，同时所选取的句子与文本兼具时代特点与浓厚的地域特色，一方面让学生了解并掌握语言知识与技巧，另一方面激发学生学习语言的潜力，逐步提升学生综合运用所学知识处理相关任务的能力。

3. 聚焦知识点提炼，实现学有所依。练习册每个单元均提供单元知识点总结，从词汇到语法再到常用交际句型的提炼，让学生在练习之前先梳理所学知识，同时在答题过程中，可以查询对应知识点，检测所学知识，做到学有所依。



4. 聚焦备考有效性，保证难度递进。单元练习的设计围绕学习的重点与难点展开，题目由易到难，循序渐进。同时各单元练习后面设置了“自我评价”环节，学生在通过更多的练习巩固所学知识的同时，还可以对自己的单元学习成果进行评价。此外，该环节的“想一想，写一写”部分用以检测学生的产出能力，为学习能力较强的同学提供练习的平台。通过这些设计精巧的练习，最后形成一个从知识点到知识结构再到技能的完整的学习循环，真正帮助学生提高备考的有效性。

本练习册的编写得益于福建省中等职业学校各地市一线英语骨干教师在教学中的反思与建议，他们的日常教学实践给编者提供了很好的参考与借鉴，他们以高度的责任心和丰富的教学经验对练习册的内容进行试用试教，并给予积极的反馈，感谢他们的热忱帮助。

最后要特别感谢外语教学与研究出版社的各位编辑，他们高效务实的工作作风与严谨的工作态度使本练习册能保质保量地出版。

由于编者的水平有限，加之时间仓促，本书难免有错误与不足之处，敬请广大师生在使用中提出宝贵意见，以便我们进一步修订完善。同时，本练习册给出的答案，有些未必是唯一答案，希望教师能鼓励学生用已学知识来解决问题，达到学以致用最终目的。

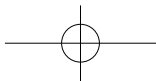
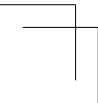
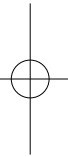
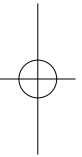
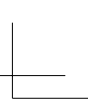
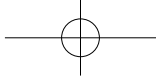
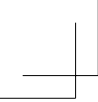
编者

2025 年 1 月



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1

U N I T

I Love My Family



单元知识点

1 单词与词组

boarding *n.* 寄宿制

humour *n.* 幽默

chore *n.* 家庭杂务

independence *n.* 独立

graduate *v.* 毕业

change *v.* 改变

respect *v.* 尊重

broad *adj.* 宽的

good-looking *adj.* 好看的

independent *adj.* 自立的

safe *adj.* 安全的

regularly *adv.* 经常地

take after (外貌或行为) 像 (某个长辈)

change one's mind 改变主意

social network 社交网络

play chess 下国际象棋

character *n.* 个性

resort *n.* 度假胜地

tent *n.* 帐篷

rule *n.* 规则, 规章

realise *v.* 实现

follow *v.* 遵循

slim *adj.* 苗条的

cheerful *adj.* 乐观的

annoying *adj.* 讨厌的

well-built *adj.* 体格健壮的

together *adv.* 一起

in return 作为 (某事物的) 回报

freedom *n.* 自由

journey *n.* 旅程

post *n.* 帖子; *v.* 发布

move *v.* 使感动

express *v.* 表达

expect *v.* 期待

narrow *adj.* 窄的

naughty *adj.* 淘气的

tender *adj.* 慈爱的

relaxed *adj.* 放松的

certainly *adv.* 当然

put up 搭建

put on weight 体重增加

look after 照顾

have a picnic 野餐

2 重点语法

1 过去进行时

表示在过去某一段时间内或某个时间点正在发生的动作。其结构为“主语 + was/were + 现在分词”。

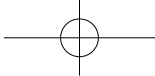
用法	例句
① 表示过去某一段时间内正在发生的动作	We were watching TV from seven to nine last night. 昨天晚上七点到九点我们在看电视。 What was he studying all day last Sunday? 上周日他一整天都在研究什么？
② 表示过去某个时间点正在发生的动作	When I saw him, he was decorating his room. 我看见他的时候他正在装饰自己的房间。 Tom was making a travel plan when I returned yesterday. 昨天我回来的时候汤姆正在做旅行计划。
③ 在表示过去时态的复合句中，如果主要动作和背景动作都是延续的且同时发生的，那么主从句都可用过去进行时	While he was waiting for the bus, he was reading a newspaper. 他边看报纸边等公交车。 He was cleaning his car while I was cooking. 我做饭时他在洗车。

* 过去进行时常与表示过去某个时间点或时间段的时间状语连用，如 at seven o'clock last night, yesterday morning 等，也可以与 when, while, as 引导的从句连用。

* 过去进行时主要表示过去某时的一个动作正在进行；一般过去时主要表示过去发生的动作或存在的状态。

2 宾语从句

宾语从句出现在及物动词或介词后面，在主从复合句中充当宾语。



用法	例句
<p>① 部分动词后面可以跟 that 引导的宾语从句（有时 that 可以省略）； 如果主句谓语为现在时或者将来时，从句中的谓语时态可以不受影响；如果主句谓语为过去时，从句谓语一般要跟着改为相应的某种过去时态</p>	<p>I believe our team will win the game. 我相信我们队能赢得比赛。 He said that he had seen the lady in red before. 他说他之前见过那个红衣女子。</p>
<p>② what, how, where, when 等也可以引导宾语从句，从句使用陈述句语序</p>	<p>No one can tell what will happen next. 没有人能知道接下来会发生什么事。 Could you please tell me how I can get to the nearest station? 您能告诉我最近的车站该怎么走吗？ She was curious about where we had been. 她好奇我们去了哪里。 I don't know when the meeting will begin. 我不知道会议什么时候开始。</p>
<p>③ whether 和 if 也可以引导宾语从句，表示“是否”</p>	<p>Linda doesn't know whether her parents love the decoration of the house. 琳达不知道她父母是否喜欢这个房子的装修。 She didn't tell me if her mum was still in her city. 她没有告诉我她母亲是否还在她所在的那个城市。</p>

3 常用句型

This is my family. This is my... 这是我的家人。这位是我的……

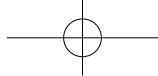
I take after my mum in... ways. 我在……方面和我妈妈很像。

We have the same sense of humour. 我们有一样的幽默感。

How about you? 你怎么样呢？

My brother was teaching me to ride a bike while my parents were putting up a tent. 爸爸妈妈搭帐篷的时候，哥哥在教我骑自行车。

... were enjoying doing... ……正开心地做……



I am much taller and my hair is longer. 我长高了许多，头发也更长了。
My mum's hair is grey and my dad has put on weight. 我妈妈的头发花白了，
爸爸长胖了。
It is a good idea to be "friends" with my family online. 在网上和我的家人成
为好友是一个好主意。
Sometimes I feel... sometimes I... 有时我觉得……，有时我……



练习

I. 词汇、语法运用

1 从下列各小题的 A、B、C 三个选项中选出一个画线部分读音与题干中的单
词画线部分读音不同的选项。

- | | | | |
|----------------------------|--------------------------|-----------------------|-------------------|
| () 1. <u>car</u> rot | A. <u>a</u> ppearance | B. cha <u>r</u> acter | C. <u>n</u> arrow |
| () 2. <u>i</u> nterviewee | A. kind <u>e</u> rgarten | B. sum <u>m</u> er | C. <u>ch</u> erry |
| () 3. <u>r</u> esort | A. <u>w</u> ord | B. <u>s</u> port | C. <u>ch</u> ore |
| () 4. <u>k</u> ick | A. <u>b</u> rick | B. <u>s</u> lim | C. <u>f</u> ine |
| () 5. <u>g</u> ood | A. <u>s</u> chool | B. <u>b</u> ook | C. <u>t</u> ook |

2 从下列各小题的 A、B、C 三个选项中选出与句子中画线部分英语单词或短
语的含义相符的中文选项。

- () 6. Joe went to a boarding school after he left middle school.
A. 寄宿制 B. 木板 C. 上船
- () 7. The stories about doctors and nurses fighting against AIDS moved us
to tears.
A. 移动 B. 改变 C. 使感动
- () 8. Lisa is a tall and slim girl.
A. 微小的 B. 苗条的 C. 强壮的

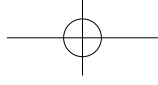


- () 9. Early in the morning, we met at the school gate and went there together.
A. 努力地 B. 费劲地 C. 一起
- () 10. Joe doesn't take after his father at all.
A. 效仿 B. 长得像 C. 翻译
- () 11. Perhaps there is a negative side to his character that you haven't seen yet.
A. 个性 B. 人物 C. 角色
- () 12. When the boys graduated from high school, Ann moved to a small town in Fujian.
A. 出发 B. 过渡 C. 毕业
- () 13. It is naughty of you to pull your baby sister's hair.
A. 淘气的 B. 下流的 C. 无礼的
- () 14. Joe and his parents often do sports or watch matches at weekends.
A. 比赛 B. 火柴 C. 表演
- () 15. In order to look after her sick mother, she asked for a month's leave.
A. 长得像 B. 照顾 C. 管理

3 从下列各小题的 A、B、C 三个选项中选出一个最佳选项完成句子。

- () 16. Mum _____ a sweater when I rushed into the room.
A. is knitting B. was knitting C. was knitted
- () 17. —Eliza, what _____ you doing at nine yesterday morning?
—I _____ online classes at that time.
A. are; were having B. were; was having C. were; had
- () 18. My parents _____ a tent when the couple came.
A. were putting up B. put up C. are putting up
- () 19. I _____ a bath when the doorbell rang.
A. have B. am having C. was having
- () 20. Joe and Brian _____ some ice cream at lunchtime yesterday.
A. were enjoying B. enjoying C. enjoy
- () 21. I hope _____ the patients will recover soon.
A. whether B. that C. what





4. Speaker A: Do your parents often do outdoor sports together?

Speaker B: Yes. _____

A. They often stay at home watching films.

B. They often climb mountains at weekends.

C. They often do some exercise at the gym.

5. Speaker A: I think it is a good idea to be "friends" with our family online.

Speaker B: _____ It's really an easy way to keep in touch with our family.

A. I don't agree.

B. I'm afraid not.

C. I can't agree more.

2 根据对话内容，从所给的七个选项中选择适合的五个选项补全对话。

Conversation 1

Smith: 1. _____

Li Tian: Yes, my mother doesn't come home until 7:00 in the evening.

Smith: 2. _____

Li Tian: My father has more free time.

Smith: 3. _____

Li Tian: Yes. We talk with each other quite often, sharing our happy or sad stories.

Smith: 4. _____

Li Tian: We often exercise together.

Smith: 5. _____

Li Tian: One thing they've taught me is the importance of health.

A. What about your mother?

B. What about your father?

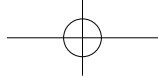
C. How often do you talk with your parents?

D. What have you learnt from your parents?

E. What do you and your family do in your spare time?

F. Do you spend much time talking with your family?

G. Does your parents' work keep them very busy?



Conversation 2

John: Hey, Bob. Whose instruments are these?

Bob: They belong to my parents, my brother and my sister.

John: 6. _____

Bob: Yeah. My family love music.

John: I see. So, who plays the guitar?

Bob: My brother. 7. _____

John: And your sister?

Bob: She plays the violin in the school orchestra (交响乐团). 8. _____

John: 9. _____

Bob: My dad plays the flute, and my mum plays the piano.

John: And how about you, Bob? Do you play any instruments?

Bob: Me? No, not really. 10. _____

- A. He's great at it.
- B. Oh no!
- C. Really?
- D. But I like to sing and dance.
- E. What about your parents?
- F. Do your parents play the instruments?
- G. She always practises—even at weekends.

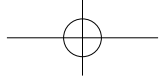
III. 阅读理解

根据短文内容从每题所给的 A、B、C 三个选项中选出一个最佳选项。

Passage 1

When I was a child, I only knew warmth as comfort in eating and playing. Now I know warmth is really about devotion, being there for someone, and about love.

Whenever I had a fever, my mother took care of me until I recovered,

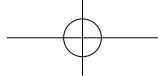


which was a mother's warmth. When my foot fractured (骨折), my father accompanied me to school every day, which was a father's warmth. When I felt frustrated (沮丧的) in dealing with tough problems, my elder sister would help me overcome the difficulties, which was a sister's warmth. As for myself, I studied hard to improve my abilities, which was the warmth I gave myself and my family.

This is the warmth of a family. You may feel indifferent (冷漠的), due to ignoring the warmth from what may seem like trifles (琐事) around you, but from now on, try to follow your heart and you will feel the warmth.

1. When I was a child, I knew warmth as comfort in _____.
 - A. eating and playing
 - B. eating and sleeping
 - C. eating and studying
2. My mother took care of me when I _____.
 - A. caught a cold
 - B. got a headache
 - C. had a fever
3. My father accompanied me to school when I _____.
 - A. had a fever
 - B. hurt my foot
 - C. broke the car
4. When I was frustrated, my elder sister often _____.
 - A. laughed at me
 - B. blamed me
 - C. helped me
5. Because of _____, you may feel indifferent.
 - A. the ignorance of the warmth from what may seem like trifles around you
 - B. the warmth from what may seem like trifles around you
 - C. the feeling by heart





IV. 翻译

将下列英文句子翻译成中文；中文句子翻译成英文（括号中的英文提示词供翻译参考）。

1. You look like your dad.
2. This is one of my favourite family photos.
3. I was so moved by what my mum did for me.
4. 我在其他方面长得像我妈妈。(take after; in other ways)
5. 爸爸妈妈搭帐篷的时候，哥哥和我在一起踢足球。(while; put up a tent)

V. 应用写作

根据邮件内容，填写表格。

Dear Peter,

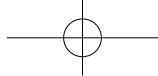
I am very glad to hear about your family. Now I would like to introduce my family to you.

I have a happy family. Although it's small, it's full of love. There are four people in my family—my father, my mother, my elder brother, and I. We all love each other.

My father is a doctor. He loves his job. Every day he works from dawn to dusk. In his spare time, he likes to read and write. My mother is a teacher. She is very strict with her students but kind to them. She is not only a teacher but also a friend to the students. Every day she goes to work early. My brother is a shopkeeper and he has been married for several years. My parents and my brother always encourage me to study hard to realise my dream of going to university. I will try my best to make my dream come true.

I hope you will come to visit my family.

Yours truly,
Li Hua



How many people are there in Li Hua's family?	
What is Li Hua's father?	
What is Li Hua's mother?	
What is Li Hua's brother?	
What is Li Hua's dream?	



自我评价

1 从下列各小题的 A、B、C 三个选项中选出与句子中画线部分英语单词或短语的含义相符的中文选项，或者选出一个最佳选项完成句子。

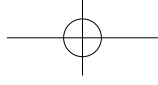
- () 1. He thinks children have too much freedom these days.
A. 时间 B. 金钱 C. 自由
- () 2. Young people like to post travelling pictures online.
A. 发行 B. 发布 C. 邮寄
- () 3. Mum's tender and soft voice comforted her sick child.
A. 慈爱的 B. 紧张的 C. 柔嫩的
- () 4. Three Lanes and Seven Alleys is certainly well worth a visit.
A. 有些 B. 无疑 C. 可能



- () 5. I wish I could do something in return for the kindness I have received from him.
A. 作为回报 B. 返回 C. 回复
- () 6. I can't stand people who have no sense of humour.
A. 幽默 B. 可爱 C. 责任
- () 7. Finally the child realised how his mother loved him without expecting anything in return.
A. 意识到 B. 实现 C. 看见
- () 8. There was only a narrow gap between the bed and the wall.
A. 狭隘的 B. 狭窄的 C. 宽阔的
- () 9. One day, Joe became really ill with a fever.
A. 假 B. 不幸 C. 十分
- () 10. He was putting up a new fence (篱笆) at his home.
A. 搭建 B. 张贴 C. 增加
- () 11. Beidaihe is noted for its summer resort.
A. 度假胜地 B. 适应 C. 诉诸
- () 12. Her friends expressed sympathies after her father passed away.
A. 快速 B. 表达 C. 出现
- () 13. He is a likeable, well-built footballer.
A. 体格健壮的 B. 修建好的 C. 性格好的
- () 14. Miss Liu broke her silence and had quite a bit to say.
A. 相当 B. 安静的 C. 很多
- () 15. He had put on weight and aged a little.
A. 减肥 B. 超重 C. 体重增加
- () 16. Linda took a two-hour train journey to see her parents.
A. 旅程 B. 轨道 C. 时间
- () 17. One day, something happened, which changed her mind.
A. 使……坚定 B. 改变 C. 符合
- () 18. Going away to a boarding school has made me much more independent.
A. 依赖的 B. 快乐的 C. 独立的



- () 19. He misses his parents, so he calls them regularly.
A. 经常地, 定期地 B. 偶尔 C. 规则
- () 20. To the children of this era, the world is one giant social network.
A. 社交网络 B. 社会网站 C. 社会互联网
- () 21. Joan _____ cleaning the room when her mother returned.
A. is B. was C. does
- () 22. While we _____ talking, the teacher came in.
A. did B. are C. were
- () 23. He fell asleep when he _____ reading.
A. does B. was C. is
- () 24. I _____ wondering if you could give me a lift.
A. do B. was C. were
- () 25. When we _____ having supper, the light went out.
A. were B. are C. do
- () 26. I don't think Jim saw me; he _____ just staring into space.
A. is B. was C. did
- () 27. It _____ raining at 6 o'clock this morning.
A. is B. was C. will
- () 28. Could you tell me _____?
A. when will the train leave
B. when the train will leave
C. when does the train leave
- () 29. Steve wonders _____ David wants to come or not.
A. whether B. what C. how
- () 30. The teacher told the children that the sun _____ round.
A. is B. was C. were
- () 31. The teacher asked us how many people _____ in the room.
A. there are B. were there C. there were
- () 32. He asked _____ in our class.
A. whose handwriting was the best



B. whose handwriting the best was

C. whose was the best handwriting

() 33. Could you tell me _____ do with the money?

A. what I should

B. what should I

C. that I should

() 34. Do you know _____?

A. which class he is

B. which class he is in

C. which class is he in

() 35. She was curious about _____ we had been.

A. how

B. whether

C. where

2 想一想，写一写。

请根据给出的信息，完成段落写作。



There are three members in my family—my dad, my mum, and I.

My dad is a(n) _____. He is _____

_____. My mother is a(n) _____. She is

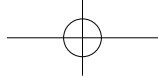
_____.

_____. I am now

_____.

_____.

We often talk with each other and do outdoor sports at weekends. We are a happy family.



自我学习评价

Words and phrases: _____

Grammar: _____

Sentences: _____