

Unit 1

a (an) /ə; eɪ/ (/ən; æn/) *art.* 一 (个)

ability /ə'biləti/ *n.* 能力; 才能

able /'eɪbəl/ *adj.* 有能力的

be able to do sth 有能力做某事

aboard /ə'bo:d/ *adv.* 在船 (飞机, 火车) 上

about /ə'baʊt/ *adv.* 大约; 到处

prep. 关于; 到处

above /ə'boʊ/ *prep.* 在……上方

adj. 上述的

adv. 在上方

abroad /ə'brɔ:d/ *adv.* 在国外; 到国外

go abroad 出国

absent /'æbsənt/ *adj.* 不在的; 缺席的

be absent from 缺席

absolutely /'æbsəlu:tli, 'æbsə'lutli/ *adv.*

完全地; 绝对

accept /ək'sept/ *v.* 接受

accident /'æksɪdənt/ *n.* 事故; 意外事件

by accident 偶然地

ache /eɪk/ *v.* 作痛

n. 隐痛

across /ə'krɒs/ *prep.* 跨越

act /ækt/ *n.* 法令; 法案

v. 扮演; 起作用

act as sth (暂时) 代理 (某人的工作)

active /'æktɪv/ *adj.* 积极的; 活跃的

activity /æk'tɪvəti/ *n.* 活动

actor /'æktə/ *n.* 演员

actress /'æktrɪs/ *n.* 女演员

actual /'æktʃuəl/ *adj.* 实际的

actually /'æktʃuəli, -tʃəli/ *adv.* 实际上

add /æd/ *v.* 添加; 增加

add up to 总数是; 结果是

address /ə'dres/ *n.* 地址

admire /əd'maɪə/ *v.* 钦佩; 羡慕

adult /'ædʌlt, ə'dʌlt/ *n.* 成年人

advice /əd'vaɪs/ *n.* 忠告; 建议

advise /əd'vaɪz/ *v.* 劝告; 忠告; 建议

afford /ə'fɔ:d/ *v.* 负担得起

afraid /ə'freɪd/ *adj.* 害怕的; 担心的

be afraid of 害怕

after /'ɑ:ftə/ *adv.* 之后; 后来

conj. 在……之后

prep. 在……之后; 在……后面

after all 毕竟

after a while 过了一段时间

afternoon /,ɑ:ftə'nu:n/ *n.* 下午; 午后

again /ə'gen, ə'geɪn/ *adv.* 又; 再一次

against /ə'genst, ə'geɪnst/ *prep.* 反对

age /eɪdʒ/ *n.* 年龄; 时代

at the age of 在……岁时

ago /ə'gəʊ/ *adv.* 以前

agree /ə'gri:/ *v.* 同意; 赞同
agree to do sth 同意做某事
agree with 同意
agreement /ə'gri:mənt/ *n.* 同意; 一致; 协定
ahead /ə'hed/ *adv.* 在前面; 向前

aim /eɪm/ *v.* (使) 瞄准; (使) 对准
n. 瞄准; 目标
air /eə/ *n.* 空气; 天空
by air 乘飞机
airline /'eəlaɪn/ *n.* 航空公司
airport /'eəpɔ:t/ *n.* 机场

重点词汇学习

- ago与before: ago通常与过去时态连用; before通常与完成时态连用。如:
He went to school three days ago.
When I arrived, he had been there three days before.
- accept与receive: accept强调(主观)接受; receive强调(客观)收到。如:
He received a gift last night but he didn't accept it.
- advise doing sth 建议做某事
advise sb to do sth 建议某人做某事
He advises having a meeting and advises me to host the meeting.
- advice是不可数名词, 表达具体数量时需用适当的量词。如:
一条建议 a piece of advice
三条建议 three pieces of advice
- afford to do sth 承担得起
Houses are expensive now and I can't afford to buy one.
- agree to sth 同意某事
agree on sth 就……达成一致
agree with sb 同意某人的意见
I agree to your plan but I don't agree with him.
They agreed on the main points.

词汇练习

一、用所给单词的适当形式填空

1. She has the _____ to solve the problem. (able)
2. Students should take some outdoor _____ after school. (activity)
3. He can't _____ the fact that his pet dog died yesterday. (accept)
4. His tooth _____. (ache)
5. He took an _____ part in politics. (active)
6. They have reached _____ on the programme. (agree)
7. Your _____ from the meeting made me angry. (absent)
8. Please give me some _____. (advise)
9. He _____ me not to do it. (advice)
10. He can't _____ to buy a new house. (afford)

二、翻译下列短语

- | | |
|----------------|-------------------|
| 1. 出国 _____ | 2. 缺席 _____ |
| 3. 偶然地 _____ | 4. 代理 _____ |
| 5. 毕竟 _____ | 6. 害怕 _____ |
| 7. 在……岁时 _____ | 8. 积极参与 _____ |
| 9. 同意做某事 _____ | 10. 建议某人做某事 _____ |

三、词汇理解

1. Almost everyone has some musical ability.
A. 能够 B. 细胞 C. 才能 D. 天才
2. I would love to go abroad this year, perhaps to the south of France.
A. 在国内 B. 出国 C. 在甲板上 D. 旅游
3. You are absolutely right. John is a clever boy.
A. 完全地 B. 几乎不 C. 无论如何 D. 额外地
4. I met my English teacher by accident on the street one day.
A. 完全地 B. 偶然地 C. 绝对地 D. 准确地
5. Actually, coal is generally much cheaper than gas.
A. 另外 B. 而且 C. 实际上 D. 最后

6. He advised me against travelling.
A. 反对 B. 再一次 C. 向后 D. 向前
7. Ahead, he saw the lights of the town.
A. 在上面 B. 在后面 C. 在前面 D. 在下面
8. He nodded in agreement.
A. 同意 B. 理解 C. 不同意 D. 事实
9. Outdoor activities are good for students.
A. 兴趣 B. 爱好 C. 事情 D. 活动
10. He couldn't afford to buy a new dress for his wife.
A. 影响 B. 负担得起 C. 有效 D. 付款

四、阅读理解

Quan Hongchan, a young diver from Guangdong, China, has become very famous in the sports world because of her amazing skills and hard work. In 2021, when she was just 14 years old, she won a gold medal in the women's 10-metre platform diving event at the Tokyo Olympics, which surprised everyone. In 2024, at Paris Aquatic Centre, Quan Hongchan defeated her team-mate Chen Yuxi to win the same event again, just like she did at the Tokyo Olympics three years ago.

Quan Hongchan's success didn't just happen by chance. She comes from a simple family in the countryside where her family members work hard at farming. In 2014, a diving coach from Zhanjiang Sports School, called Chen Huaming, noticed her talent, and Quan Hongchan began her diving career. After years of hard training, she rose to the top of her field.

Quan Hongchan's training was very difficult, but she never stopped. She practised in an outdoor diving pool that was very hot in summer and very cold in winter. However, because she loved diving so much and was very determined, she managed to overcome all the challenges. Her success made her family very proud and also encouraged many young people to follow their dreams with courage.

1. Where did Quan Hongchan win a gold medal in 2021?
A. At the Beijing Olympics. B. At the Paris Olympics.
C. At the Tokyo Olympics. D. At the London Olympics.

2. Who noticed Quan Hongchan's diving talent in 2014?
 - A. Her team-mate.
 - B. A coach from a local club.
 - C. Her parents.
 - D. A diving coach from Zhanjiang Sports School.
3. What were the conditions of the outdoor diving pool where Quan Hongchan trained?
 - A. It was extremely hot in summer and cold in winter.
 - B. It had a water temperature control system.
 - C. It was always warm.
 - D. It was always cold.
4. How did Quan Hongchan's achievements affect others?
 - A. Her achievements made her family sad and disappointed.
 - B. Her achievements made her family proud and inspired many young people to follow their dreams.
 - C. Her achievements discouraged many young people from pursuing sports.
 - D. Her achievements caused jealousy among her team-mates and the local community.
5. Which of the following statements is true?
 - A. Quan Hongchan was born in a wealthy family.
 - B. Quan Hongchan started her diving career late.
 - C. Quan Hongchan loved diving very much and was very determined.
 - D. Quan Hongchan was discovered by chance and had no real passion for diving.

五、阅读短文，用方框中所给词的适当形式填空，每词限用一次

ability	absent	accept	accident	active
admire	advise	afraid	against	agree

Last weekend, I 1 to join my friend Tom for his school's sports meeting. I was excited to see his 2 in playing basketball. However, Tom was 3 from the event because of an 4 that happened the day before. He broke his leg and the doctor 5 him not to play basketball if he was 6 that his leg would

get worse. At first, Tom was 7 the doctor's suggestion. But after careful consideration, Tom 8 it.

I wandered around his school, with a sense of regret. Suddenly, my eye was caught by the players on the playground. I noticed how 9 some of the players were. They ran fast and everyone cheered for them. I really 10 their sportsmanship.

It was truly an interesting and memorable sports meeting!

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